VR1
Leg Extension

Engineered for value. With its streamlined, space-saving design, this sturdy collection of 23 machines offers a comprehensive strength training solution regardless of your facility's size.

FEATURES

• **Easy to use:** The VR1 Leg Extension's innovative design makes positioning the tibia pad intuitive, virtually effortless, and results in easily accessible and easily adjustable machines. No knobs to lock – just put legs behind the pad and push.

• **Saves on the shins:** Offset input arm allows for the tibia pad to adjust without affecting the starting angle of the knee. In combination with proper pivot location, this allows the use of a flat pad for reduced shin pressure.

• **Relieves hamstring tension:** The angled back pad (100 degree angle between seat and back) is wider than most leg extension machines and is designed to relieve hamstring tension.

• **Optional adjustable start:** VR1 offers an Adjustable Start System (product #13051). The fixed start position is a standard and features a typical start range. Because each individual has a different range of motion, the Adjustable Start makes VR1 user-friendly to a broader audience.

SPECIFICATIONS

Product Number	13050 13051 (Adjustable Start)
Dimensions L × W × H	54″ × 41″ × 62″ (138 cm × 105 cm × 157 cm)
Light Stack	150 lbs (68 kg)
Standard Stack	220 lbs (100 kg)
Light Weight	459 lbs (209 kg)
Standard Weight	529 lbs (240 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

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